Packing List for Traveling with a Baby

Carry-On Bags

2x Baby Bottles (if not breastfeeding)	
Formula (if not breastfeeding)	
Formula carrying / dispenser container	
Nappies (Diapers)- calculate how many you require for the length of your journey - from departure accommodation to destination accommodation. Once calculated, add a few extra as reserve. If needed, add a couple of extras to each bag. There is nothing worse than running out of nappies / diapers if your baby picks up diarrhoea or similar!	
Nappy (Diaper) Change Mat - can be very useful to use on the floor, in bathrooms, on airplane seats or anywhere as you travel.	
Wet wipes - again just ensure you have plenty	
Plastic (Nappy/Diaper) Bags for wet / dirty nappies/diapers	
Bottle of hand sanitizzer	
Paracetamol (100mls or less in your hand luggage) and syringes for easily giving medicine if required	
Other medicines your baby requires	
Changes of clothes for your baby - enough changes to cope with them getting wet or dirty but also enough for various weather conditions you may have enroute. We always made sure we had plenty of good one-piece suits packed.	
Change of clothes for you in case the baby is sick or wets you.	
Enough baby food for the journey plus 1-2 extra.	
Crackers, Rusks or similar food if your baby is old enough	
Dummy / Pacifier if your baby uses one. Have at least one spare in your hand luggage and perhaps another in your checked-in luggge. Also, have something to attach it to your babies clothes.	
Baby's special toy if they have one - and a means to secure it so it does not get lost in your travels	
Some type of cloth nappy / blanket or similar to keep your clothing clean when cuddling / burping baby or for placing on the floor if baby is lying / sleeping on the floor. Can also be useful for cleaning up a bigger mess.	
Simple baby toys to entertain - books, rattle, rings	
Teething ring / toy for chewing	

Checked-In Luggage	
Extra Formula to refill your dispensing container	
Additional nappies / diapers for use at your destination and to refill your carry-on bags if you can not buy more at your destination	
Swimming nappy / diaper so you can use a pool with your baby	
Sunscreen	
Extra baby-food	
Extra medicine and first-aid supplies	
Scissors	
Sharp Knife	
Portable Baby Seat / High Chair - we traveled with the fisher-price high chair	
Portable Travel Cot - we used a lightweight phil & ted portable cot	
Car Seat - check the requirements of the counry you are visiting and then decide if you will take oea carseat with you or hire one	
Extra baby clothes so you have plenty until you can wash again and also for the various conditions you may encounter.	
Additional toys, books, games and activities that you could not carry on in your hand luggage. Our website has a range of selected items suitable for taking on the plane. Just select what you need and have it delivered - no hassle, no fuss!	