

Packing List for Traveling with a Toddler

Carry-On Bags

Their own carry-on bag they can pull themselves	
Drink Bottle	
Bottle and Formula if they still use it	
Night-time nappies / diapers / pull-ups for sleep or landing time	
Nappies (Diapers) if still needed - calculate how many you require for the length of your journey - from departure accommodation to destination accommodation. Once calculated, add a few extra as reserve. If needed, add a couple of extras to each bag. There is nothing worse than running out of nappies / diapers if your toddler picks up diarrhoea or similar!	
Nappy (Diaper) Change Mat - can be very useful to use on the floor, in bathrooms, on airplane seats or anywhere as you travel.	
Wet wipes - again just ensure you have plenty	
Plastic (Nappy/Diaper) Bags for wet / dirty nappies/diapers	
Bottle of hand sanitizer	
Paracetamol (100mls or less in your hand luggage) and syringes for easily giving medicine if required	
Other medicines your toddler requires	
Changes of clothes for your child - enough changes to cope with them getting wet or dirty but also enough for various weather conditions you may have enroute. We always extra underwear and trousers / skirts / shorts.	
Change of clothes for you in case your child is sick or wets on you.	
Enough snacks to keep going between meals or waiting. Variety is imporant.	
Dummy / Pacifier if your toddler uses one. Have at least one spare in your hand luggage and perhaps another in your checked-in luggge. Also, have something to attach it to your babies clothes.	
Your child's special toy if they have one - and a means to secure it so it does not get lost in your travels	
Toys - colouring books and felts, books to read, duplo, water painting book, sticker books and paper, small cars, dolls, teddy, simple kids games. Variety is the key!	
Electronic Device such as DVD Player, Ipad	

